

Full Report (All Nutrients) 45006652, NICE!, POPCORN, CHEDDAR CHEESE, UPC: 049022557024

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer WALGREENS CO.

Nutrient	Unit	Data points	Std. Error	1 oz 28g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	150	536
Protein	g	--	--	2.00	7.14
Total lipid (fat)	g	--	--	11.00	39.29
Carbohydrate, by difference	g	--	--	13.00	46.43
Fiber, total dietary	g	--	--	2.0	7.1
Sugars, total	g	--	--	1.00	3.57
Minerals					
Calcium, Ca	mg	--	--	20	71
Iron, Fe	mg	--	--	0.36	1.29
Sodium, Na	mg	--	--	360	1286
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	1.999	7.140
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients

POPCORN, SOYBEAN OIL, DEHYDRATED BLEND OF WHEY, CHEESE (CHEDDAR AND BLUE, PASTEURIZED MILK, WHEY PROTEIN CONCENTRATE, SALT, CHEESE CULTURE, SALT, ENZYMES), MALTODEXTRIN, SALT, SODIUM PHOSPHATE, CITRIC ACID, YELLOW 6, TURMERIC EXTRACT AND BETA CAROTENE (COLOR), CORN OIL (WITH TOCOPHEROL, ASCORBYL PALMITATE, AND CITRIC ACID AS PRESERVATIVES), NATURAL FLAVOR. *Date Last Updated by Company:* 08/29/2014